

# 15 MINUTE PRACTICE WORKSHEET

	TODAYS STICKING:	
DATE:	<i>EX: R L R R L R L L R L R R L R L L</i>	COMPLETE
5 M I N	WARM UP	TEMPO(S):
5 M I N	<b>PATTERN DEVELOPMENT</b> <i>(STICKING, RUDIMENTS, MODULE .PDF, ETC...)</i>	
5 M I N	<b>KIT APPLICATION</b> <i>(APPLY TODAYS PATTERNS USING CREATIVE VOICINGS)</i>	
W O R K : : : : : :		