

60 MINUTE PRACTICE WORKSHEET

	TODAYS STICKING:	
DATE:		<i>EX: R L R R L R L L R L R R L R L L</i>
TIME:		<i>SELECTED CURRICULUM</i>
1 0 M - N	WARM UP	TEMPO(S):
2 0 M - N	PATTERN DEVELOPMENT <i>(STICKING, RUDIMENTS, MODULE .PDF, ETC...)</i>	
2 0 M - N	KIT APPLICATION <i>(APPLY TODAYS PATTERNS USING CREATIVE VOICINGS)</i>	
1 0 M - N	JAM TIME	
W O R K N O		

COMPLETE