Module #16: Review (Advanced)

The following exercise combines most of the hand combinations and subdivisions covered in the GIK Intermediate Modules thus far. There are 8th notes, 8th note t and 16th notes. The exercise is meant to be a nice, long warmup and/or a hands conditioner. It covers singles, doubles, triples, and 4s. It also covers accents and taps (unaccented notes) and combinations of both. There are 2 suggested variations that cover diddles and flams, as well. The last section (16th note accents) gets tricky if you don't have a solid foundation in counting. Although it's quite long, there is a logical flow and progression that you will discover as you work on it. This progression will make it easier to memorize once you see and hear the long pattern. Set your click or BIP and get crackin'!

It is meant to be played from measure '1' all the way to the very end on page 2 (measure '111'. There are also other suggested variations to add to the full exercise. Add the variations after measure 110 and do not stop until all variations are done.

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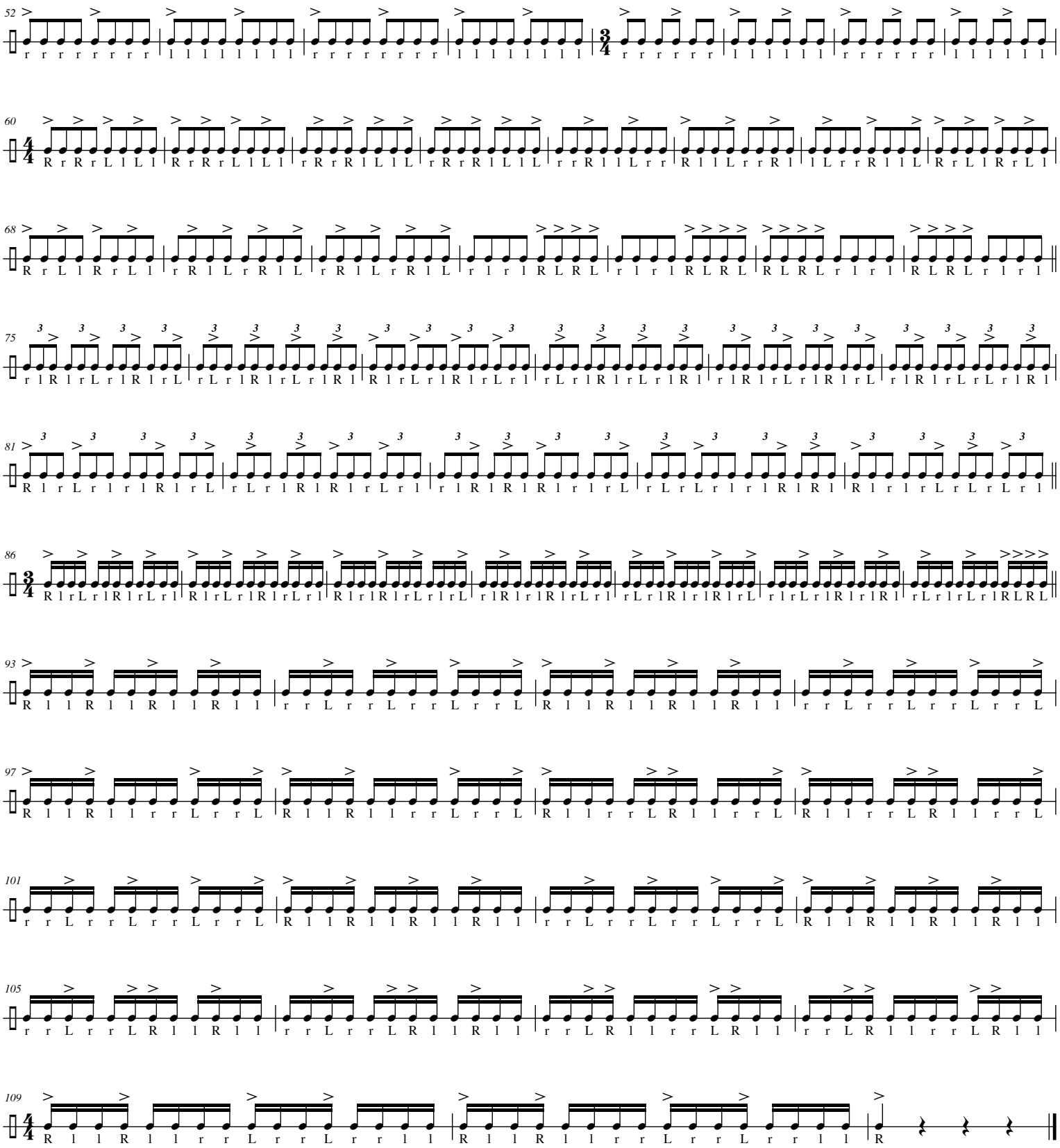

SECTION 3 and/or 4 (Optional):

A third possible variation to the exercise is to diddle (play 32nd note doubles) on the accented notes of section 2. To do this alternate the entire exercise from measure 52 through measure 110. You can play it all at one height with the diddles or you can accent the diddle and play the other notes unaccented, as written.

A fourth variation is to alternate the accented section and play flams on every accent.

See if you can come up with any other variations to make this a massively long and thorough exercise.

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